Family School Wellness Locations

Family School Wellness workers are accessible through the following schools and their communities:

Benalto: Benalto School
Bowden: Bowden Grandview School
          Off Campus Learning Centre
Carstairs: Carstairs Elementary School
           Hugh Sutherland School
Cremona: Cremona School
Delburne: Delburne Centralized School
Didsbury: Ross Ford Elementary School
           Westglen School
           Didsbury High School
           Didsbury Career High School
Elnora: Elnora School
Innisfail: Chinook Center School
          École John Wilson Elementary School
          Innisfail Middle School
          Innisfail Junior Senior High School
          Innisfail Career High School
Olds: École Olds Elementary School
       Deer Meadow School
       Olds Senior High School
       Olds Career High School
       Horizon Alternate Program
       Olds Koinonia Christian School
       Reed Ranch School
Penhold: Jessie Duncan School
         Penhold School
Poplar Ridge: Poplar Ridge School
Red Deer: River Glen School
         Chinook’s Edge Career High School
         - Red Deer Campus
Spruce View: Spruce View School
Sundre: River Valley School
        Sundre High School
        Sundre Community Learning Centre
Sylvan Lake: École Steffie Woima School
            École Fox Run School
            C. P. Blakely School
            H. J. Cody School
            Sylvan Lake Career High School
Neudorf Colony, Pine Hill Colony and Rainbow Colony

Family School Wellness is operated by:
Chinook’s Edge School Division No. 73
4904 - 50 Street
Innisfail, AB T4G 1W4
Telephone: 403-227-7070

Family School Wellness is in partnership with:
Child and Family Services Authority Region 4

...and Family and Community Support Services located in:

Bowden        Sundre
Benalto       Sylvan Lake
Spruce View   Innisfail
Elnora        Olds
Delburne      Penhold
Didsbury      Red Deer County
Carstairs     Mountain View County
Cremona       and surrounding areas.
Program Description

The Family School Wellness Program is a confidential, voluntary, preventative service offered to children, youth and families. It is available to all children aged birth to eighteen and their families. Family School Wellness is available year round and is free of charge. Services can be offered through the school, at your home, or in the community.

Referral

Any member of the community requiring family related support or information may access the program. Children are welcome to make one self-referred visit prior to parental or guardian consent. Contact your Family School Wellness Worker through your child’s school, or your local Family and Community Support Services.

<table>
<thead>
<tr>
<th>Services Offered</th>
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<tr>
<td><strong>Family School Wellness workers are qualified to:</strong></td>
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<tr>
<td>✓ Provide support services to families and children facing social, emotional or family challenges</td>
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<tr>
<td>✓ Promote effective communication and parenting skills</td>
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<td>✓ Offer short term individual or family support</td>
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<td>✓ Build skills with students in small groups</td>
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<td>✓ Assist in finding information and resources such as counseling, after hours crisis response workers or legal advice</td>
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<td>✓ Advocate within the school or community at large</td>
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<tr>
<td>✓ Promote preventative opportunities within the schools and community</td>
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<tr>
<td>✓ Collaborate with community agencies</td>
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